

EFT | MARCH 2026

PLAYER SCHEDULE | 1 WEEK PROGRAM



PRO SHOWCASE TRIAL

1 WEEK

SATURDAY

7 March

14:00 - 17:00 - CHECK-IN

18:00 - 19:00 - DINNER

SUNDAY

8 March

07:30 - 08:30 - BREAKFAST

09:00 - DEPART

10:00 - 11:30 - TRAINING & MATCH
PREP

13:00 - LUNCH

15:00 - 16:00 - INDUCTION (*PM EFT*)

17:30 - 20:00 - DINNER

MONDAY

9 March

07:00 - 08:00 - BREAKFAST

08:00 - DEPART

10:00 - 12:00 - TRIAL MATCH

14:00 - 15:30 - LUNCH

16:30 - 17:00 - RECOVERY @

POOL 18:30 - 20:00 - DINNER

TUESDAY

10 March (Free-Day)

08:00 - 09:00 - BREAKFAST

13:30 - 17:30 - FREE TIME

12:00 - 13:30 - LUNCH

13:30 - 17:30 - FREE TIME

17:30 - 18:30 - DINNER

EUROPEAN FOOTBALL TRIALS

EFT



WEDNESDAY

11 March

07:30 - 08:30 - BREAKFAST
09:00 - DEPART
10:30 - 12:30 - TRAINING & MATCH
PREP 13:30 - 14:30 - LUNCH @
14:30 - 17:30 - REST & RECOVER
17:30 - 18:30 - DINNER

FRIDAY

13 March

08:00 - 09:30 - BREAKFAST
10:00 - 11:00 - STRETCHING (GYM)
12:00 - 13:00 - LUNCH
13:30 - DEPART
15:00 - 17:00 - SHOWCASE
PROGRAM 18:30 - 19:30 - DINNER

SATURDAY

15 March

07:00 - 08:00 - BREAKFAST
08:00 - DEPART
09:00 - 12:00 - SHOWCASE
PROGRAM 13:00 - 13:15 - CHECK
OUT
13:15 - 14:30 - LUNCH & VERDICT

THURSDAY

12 March

08:00 - 09:30 - BREAKFAST
10:00 - 11:00 - STRETCHING (GYM)
12:00 - 13:00 - LUNCH
13:30 - DEPART
15:00 - 17:00 - SHOWCASE
PROGRAM 18:30 - 19:30 - DINNER

SATURDAY

14 March

08:00 - 09:30 - BREAKFAST
10:00 - 11:00 - STRETCHING (GYM)
12:00 - 13:00 - LUNCH
13:30 - DEPART
15:00 - 17:00 - SHOWCASE
PROGRAM 18:30 - 19:30 - DINNER

